

Saturday 1 September 2018

Level D Orienteering Race Millyford Bridge, New Forest

Final Details

Location: The car park and event centre are at Millyford Bridge in the New Forest GR SU268 078. The car park entrance is on the road between Boldrewood and Emery Down. The event is signed from Boldrewood car park and The New Forest Inn at Emery Down.

Parking: Parking is in a Forestry Commission car park at Millyford Bridge. Spaces will be limited so car sharing would be appreciated. There are other FC car parks available in the area, but please be aware that this will mean a significant walk to the event centre/start/finish. Whitemoor car park has been designated by the FC as the overspill car park for the event (1km from the event centre).

Timing: Registration: 9.45 – 11.45
Start times: 10:15 – 12:15
Courses close: 14:30

Facilities: Toilet

Entry: Entry on the day only. EMIT timing system.

Fees:	Members	Public	Timing card hire	
Adult	£6.00	£8.00	£1.50	Charge for lost card: £45
Under 25s	£3.00	£3.00	£Free	
Yellow	£2.00	£2.00	£Free	

Courses:	Course	Distance/Climb/Controls		
	Blue	7.7km	105m	20
	Green	4.7km	70m	14
	L. Green	3.8km	45m	11
	Yellow	2.6km	20m	11

- Map:** Scale 1:10,000, updated in 2017 for the November Classic. Some areas marked as runnable forest contain high bracken. Not all ditches and streams are marked. There are no loose control descriptions. Control descriptions are printed on the map for all courses.
- Terrain:** Typical New Forest terrain of open heathland and runnable woodland.
- Dogs:** Dogs should be kept under control and on a lead when necessary.
- Start:** Punching start (turn up and run). Start and Finish are approximately 500m from the event centre.
- Clothing:** **Full leg cover must be worn.** Whistles should be carried. In adverse weather we may ask you to wear a cagoule or similar waterproof top.
- Bio-security:** Please come to the event with clean and dry shoes and clothing. After your run please follow the guidance that helps protect our precious environment:
- Check
 - Clean
 - Dry
- Before leaving the event **check** your clothing and equipment and remove any mud, soil or leaf litter.
- Once home thoroughly **clean** your footwear and clothing and then leave it to **dry** for as long as possible.
- Hazards:** The FC is currently working in the forest and this may impact on one or two controls on the Blue course. Although works will not be undertaken on the day of the event care will need to be taken when running through the area where trees have been felled. Further information will be provided at the event centre on the day.
- Highland Water runs through the courses. Some crossing points may be mandatory on the day if weather conditions require.
- Please be aware of the risk of ticks and Lyme disease. The area is frequented by ponies, deer and livestock and the usual precautions to avoid infection apply.
- Safety:** The safety bearing is South to the road between Boldrewood and Emery Down. Courses close at 14:30 hrs.
- Competitors attending the event alone **MUST** leave their car key at Registration.
- All competitors must report to Download even if retiring from the event.**
- Orienteering is a physically challenging sport. Competitors take part at their own risk.**

- Photography and O-Safe:** There are no official photographers for this event. Photography is not allowed in the area where the toilet is located or any “changing area” including the car park.
Any concerns with photography or the behaviour of anyone toward any child or young adult must be reported to the event organiser or other official.
Safeguarding is everyone’s responsibility, play your part, report any concerns and put good practice into effect.
- Risk assessment:** A comprehensive risk assessment has been carried out by the organiser and will be available to read at the event. Participants take part at their own risk and are responsible for their own safety during the event.
- Insurance:** The British Orienteering insurance policy provides public liability cover. Please note that if you have competed in three orienteering events and have not joined an orienteering club that is a member of British Orienteering, then you are not covered by this insurance.
- Medical conditions:** If you have a **High Risk Medical Condition** you are invited to download and complete this form:
https://www.britishorienteering.org.uk/images/uploaded/downloads/officials_handbook_safety_firstaid_medical_form_280514.doc and place it in a sealed envelope with your name on it. This can be left at registration. Envelopes will only be opened if required for a medical emergency. Unopened envelopes should be collected after the event. Any unclaimed envelopes will be destroyed after the event.
- Officials:**
- | | |
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| Planner: | Norman Wilson - Planner |
| Organiser: | Julia Loring - Organiser – 07855 584335 (This number will not be available on the day of the event due to poor network coverage) |