

Saturday, 23rd May, 2015

The Solent Summer Series Race 5

Lakeside Country Park, Eastleigh

- Location:** The free car park and event centre are at Lakeside Country Park, Eastleigh, SO50 5PE. Grid reference: SU446175.
- Timing:** Registration: 09:45 – 11:45
Start times: 10:00 – 12:00
Courses close: 13:30
- Entry:** Entry on the day. EMIT timing system. Punching start (turn up and run).
- Fees:** Adult £6, Juniors £3. Timing card hire is free.
- Courses:** Light Green 4.2km, Orange 2.7km, Yellow 1.8km
- Clothing:** Full leg cover must be worn. Whistles should be carried. In adverse weather we may ask you to wear a cagoule or similar waterproof top.
- Facilities:** Café, toilets, changing room, steam railway!
- Dogs:** Dogs should be kept under control and on a lead when near the lakes.
- Officials:** Planner: Marcus White
Organiser: Kevin Bracher
- Series:** The Solent Summer Series will run on Saturdays through the Spring and early Summer. There are two competitive leagues: Open on the Light Green and Junior on the Yellow and Orange courses. Age class weighted results. Your best 4 from 9 to count.

Upcoming Solent Summer Series Events

6th June - Queen Elizabeth Country Park. 20th June - Farley Mount.
4th July - Stoke Park Wood. 18th July - Royal Victoria Country Park

All competitors take part at their own risk.

Your personal details will be used for administering this event, distributing results and to inform you of our other events.

For more information and late-breaking news visit www.socweb.org/events