

# Sunday, 11th October, 2015

## Level D Orienteering Race

### Matley Heath, New Forest.

**Location:** The car park and event centre are at Matley Wood Campsite. The campsite entrance is on the North side of the B3056 approx 2 miles East of Lyndhurst at grid ref SU328074. The nearest postcode (700m West of the campsite) is SO43 7FZ. Lat/Long 50.865779,-1.534150.

**Parking:** Parking is on the "hard" standing areas within the campsite. Please follow the signs into the car park. The parking fee is £1 per car. Please have change ready to chuck in the bucket.

**Timing:** Registration: 10:15 – 12:15  
Start times: 10:30 – 12:30  
Courses close: 14:00

**Facilities:** Toilet

**Entry:** Entry on the day only. EMIT timing system.

**Fees:**

	Members	Public	Timing card hire
Adult	£6.00	£8.00	£Free
Junior	£3.00	£3.00	£Free

Charge for lost card: £45

**Courses:**

Course	Distance/Climb/Controls			Course	Distance/Climb/Controls		
Blue	7.7km	90m	18	Orange	2.8km	30m	10
Green	5.4km	60m	15	Yellow	2.3km	20m	10
Lt Green	3.8km	50m	14				

**Map:** Scale 1:10,000, updated 2012, minor corrections Summer 2015. Loose control descriptions will be at the start and printed on the map. There is no map legend for Blue, Green and Lt Green.

---

All competitors take part at their own risk.

Your personal details will be used for administering this event, distributing results and to inform you of our other events.

**For more information and late-breaking news visit [www.socweb.org/events](http://www.socweb.org/events)**

- Terrain:** Typical New Forest terrain of open heathland and runnable woodland.
- Start:** Punching start (turn up and run). Start and Finish are both close to the event centre.
- Clothing:** Full leg cover must be worn. Whistles should be carried. In adverse weather we may ask you to wear a cagoule or similar waterproof top.
- Bio-security:** Please come to the event with clean and dry shoes and clothing. After your run please follow the guidance that helps protect our precious environment:
- Check
  - Clean
  - Dry
- Before leaving the event **check** your clothing and equipment and remove any mud, soil or leaf litter.
- Once home thoroughly **clean** your footwear and clothing and then leave it to **dry** for as long as possible. Many invasive non-native species are able to survive in damp corners for very long periods of time, but are less able to survive if the equipment is thoroughly dried.
- Hazards:** A large area of unexploded ordnance left over from the war has been marked on the map as Out of Bounds – competitors are to keep away from this area which is also indicated on the ground with red and white posts and yellow signs.
- Please be aware of the risk of ticks and Lyme disease. The area is frequented by ponies, deer and livestock and the usual precautions to avoid infection apply.
- Safety:** The safety bearing is South. Courses close at 14:00 hrs.
- Competitors attending the event alone **MUST** leave their car key at Registration.
- All competitors must report to Download even if retiring from the event.
- Orienteering is a physically challenging sport. Competitors take part at their own risk.
- Dogs:** Dogs should be kept under control and on a lead when necessary.
- Officials:** Planner: Kieran Devine  
Organiser: Pete Davis – 0774 898 4748